

ChicaGourmets!

**Chef-owner Jimmy Bannos of
Heaven on Seven on Wabash**

111 North Wabash at Washington, 7th Floor, Chicago

Monday, June 19, 2006

6 P.M. Hurricane Reception & Book Signing

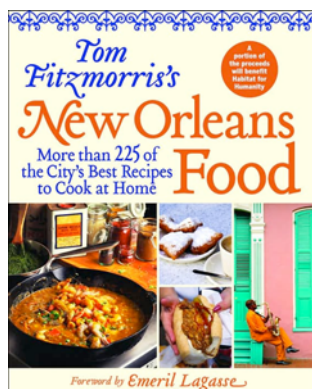
6:30 P.M. Dinner Served with Wine

Guest of Honor

Author Tom Fitzmorris

New Orleans Food:

More than 225 of the City's Best Recipes to Cook at Home



In his new cookbook, Tom Fitzmorris has combined his encyclopedic knowledge of New Orleans cuisine with his love of the city that he calls home. *New Orleans Food*, one of the most engaging cookbooks to come to American's kitchens, will bring back fond memories for visitors to this city and open a pantry of possibilities to lovers of this distinctly unique cuisine.

Throughout the pages of *New Orleans Food*, Fitzmorris presents more than 225 great recipes, representing the best of New Orleans. Designed for the home cook, all of the recipes are steeped in the Creole and Cajun traditions, and have been updated to reflect today's tastes and ingredients.

Tom will be donating \$10,000 from the sale of his latest book, *New Orleans Food* to Habitat for Humanity to aid in his city's recovery!

ChicaGourmets! Hosts Don Newcomb & Jim Price

CHEF JIMMY BANNOS' MENU



Recipes from ***Tom Fitzmorris's New Orleans Food***

Amuse: Creole Italian Pot Stickers

Turtle Soup

Oyster au Poivre

Grilled Marinated Chicken with Hot and Sweet Peppers

New Orleans BBQ Shrimp on
Parmigiano-Reggiano Cheese Grits

Pepper-crust Pork Tenderloin with a
Sweet Heat Sauce

Bananas Foster Ice Cream Drink and
Bread Pudding Alaska

It was in 1984, while experimenting with Louisiana recipes, that Jimmy's real passion and talent for cooking emerged. Soon the regular customers were going crazy over his gumbo and red beans, demanding Cajun specials year round.

Feeling a true affinity for the South, something he'd had even as a little boy, Jimmy and wife Annamarie headed for New Orleans to immerse themselves in the culture. In 1985, compelled by a real love for this food, the Bannos family transformed their neighborhood coffee shop into Heaven On Seven.

Aptly named to identify its seventh floor location, and to describe the heavenly clouds of steam wafting from Jimmy's scrumptious gumbo, Heaven On Seven was created with heart and soul. Jimmy's goal was then and is now for Heaven On Seven to be the best Louisiana style restaurant outside of New Orleans.

Join *ChicaGourmets!* Membership is \$40 per year per household.

Make check payable to *ChicaGourmets!* Pre-paid reservations (check only) must be received by 6/14/06; no refunds after that date.

Mail to: *ChicaGourmets!* UPS Store, PMB 347, 47 W Division St, Chicago, IL 60610-2220

E-mail: DonaldNewcomb@comcast.net Web Site: www.ChicaGourmets.org Tel: 708-383-7543

HEAVEN ON SEVEN ON WABASH Reserve _____ at \$69 per Member, _____ at \$79 per Nonmember, inclusive = \$ _____ enclosed.
06/19/06 _____ Membership/Renewal payment enclosed (\$40). See expiration (exp) date on mailing label.

Name(s) _____

Address _____ Email: _____

City/State _____ Zip _____ Phone # _____